



ENTRANCE

The Village View

June 16, 2021
Kirsten Rohde, Editor

Upcoming events:

- HRL 2021, August 8 to 14 at Sahale

Entrance can mean a place of entry, a gate or doorway. It also means the act of entering. A third meaning of the word is to fill with delight, wonder or enchantment for example a child who was entranced by a fairy tale (*Cambridge Dictionary*). The word can be mundane, or dramatic as in a dramatic entrance. We can be entranced by a beautiful sunset.

In spiritual terms, the entrance into a place of worship can require intention and thoughtfulness. The physical entrance is often designed to represent the intention. When I enter into a hall for meditation, everyone's shoes are outside the door, and we enter quietly. Coming into these types of spaces is a process of choosing to be entranced. The space is set up in a way to capture an intention and we choose to join that intention. John Hoff, who led our Sunday evening Pathwork for many years, used to remind us that on our journey to get there it was important to be intentional about it, so that when we made our entrance we were bringing intentional energy with us, in anticipation of a meaningful time with others.

In our community, when we begin an event such as the Human Relations Lab, there is a process where each of us attending is in a time of coming to an entrance, stepping into Lab. We can imagine perhaps we are entering in anticipation of enchantment. (Maybe at first a little trepidation too.) As the week of Lab continues, we may each notice that some aspects are enchanting – singing together, a walk in nature, a good conversation, meditation, laughter – all leading to discovery of something new about ourselves and our unique way of being in the world. We notice the growing formation of a

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community
Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

community of the week into which we each choose to enter.

When I sit on my porch in the morning with the sun shining and the birds chirping I can be entranced. I feel myself fall into the beauty. In that moment I'm not afraid of being entranced. With human interaction any of us can feel a mix of feelings. I know this is true for me. Perhaps being entranced isn't the first thing that comes to mind. However, as relationship develops, in the intimacy of a good conversation, I can feel myself fall into the friendship. It can feel like entering into a new type of space with the developing closeness.

“Don’t Hesitate”

Mary Oliver

If you suddenly and unexpectedly feel joy,
don’t hesitate. Give in to it. There are plenty
of lives and whole towns destroyed or about
to be. We are not wise, and not very often
kind. And much can never be redeemed.

Still, life has some possibility left. Perhaps this
is its way of fighting back, that sometimes
something happens better than all the riches
or power in the world. It could be anything,
but very likely you notice it in the instant
when love begins. Anyway, that’s often the
case. Anyway, whatever it is, don’t be afraid
of its plenty. Joy is not made to be a crumb.

Go well!



Human Relations Laboratory | August 8-14, 2021

RE-ENTRY INTO THE ATMOSPHERE OF RELATIONSHIP



RE-ENGAGING
AFTER A LIGHT
YEAR OF ISOLATION

Collectively we have experienced an unusual event which gives us an opportunity to reimagine our lives.

Humans are relational beings who thrive with interaction. As you emerge from enforced isolation, how is it going? Where have you been? Where are you now? Where do you want to go?

You're invited to the 52nd Human Relations Laboratory (Lab), a 7-day intergenerational experiential learning & training event that offers many ways to encourage your learning. At Lab you can:

- 👉 Connect deeply with others who are also growing themselves
- 👉 Enjoy creative expression of all kinds
- 👉 Live in the natural world, explore freedom and energy, and live in the present
- 👉 Stretch into personal empowerment
- 👉 Learn how your own inner dividedness contributes to the current polarization of our world and how healing leads to understanding.

A design team of experienced facilitators will lead you in large and small groups and in individual processes designed to cultivate warmth, intimacy, insight, and learning.

WHERE Sahale Learning Center, nestled on 68 tranquil acres on the Tahuya River near Belfair, Washington.

TUITION \$750. The Lab fee includes food service, camping or indoor accommodations, and learning materials. Special rates are available for groups of three or more, seniors, students, families, and interns. Please consider an additional tax-deductible donation to the scholarship fund. If you wish to discuss tuition, please contact Registrar Elizabeth Jarrett-Jefferson.
elizabeth.ann.jarrett@gmail.com

[TO REGISTER & PAY ONLINE CLICK HERE](#)

Or visit [www.goodenough.org /lab](http://www.goodenough.org/lab)



Mindful Mike's Blog: Why Lab?

Mike deAnguera

How do I learn to relate to others? Usually through the school of hard knocks. The result is a feeling of inferiority and worthlessness. As these feelings are reinforced through the years it can lead to isolation and depression as well as rage. I have been treated for depression.

What is an easier way? The Human Relations Laboratory. A perfect place to practice loving skills and get feedback in a safe environment. A place for me to be loved unconditionally for who I am. So far this is the only place where I have experienced unconditional love from people other than family.

Kids need to learn relational skills before anything else. This is the foundation into which all else must fit. What did I learn as a kid? I learned not to trust other kids because of constant bullying at school. I also received corporal punishment in 2nd grade. The teacher hit my hands with a ruler for not paying attention while she was teaching arithmetic. Needless to say this was the one subject I totally flunked. Even today I still don't like math.

As an adult it was nearly impossible for me to make friends. Why? Other goals seemed more important. Also I might have still been feeling the alienation I acquired through my years of public school.

At Lab relationships can be analyzed and practiced. This is something happening nowhere else in society.

Permaculture can't happen without a good relational foundation. To be valued as a human being unconditionally is radical. The corporate world values me only as a factor of production. Is this something I carried over into all my other relations?



We pay close attention to our relationships. Here we are celebrating Sam Staatz's birthday. Present were Colette Hoff, Pam and Elizabeth Jarrett-Jefferson, and Ashley Shields. A strawberry cheese cake!

This week I want to thank Josh DeMers for helping me unclog my vanity sink. I could not have done it without him.

Oh yes, Drai Schindler is cooking my favorite General Tso's chicken. We like cooking our favorites for each other, something that never would have happened at the Mt. St. Vincent Home.

I am looking forward to the Lab Training Weekend. It will be great to get into the Lab mentality again. Imagine getting ready for an in person Lab! Zoom does not do it for me. I need to be face to face with others for it to really work.

Our ruling elite bang on the war drums. Would it not be better for all the major world leaders to practice friendship skills at a Human Relations Laboratory? We don't always have to see each other as enemies. Compared with weapons systems human relations laboratories are very inexpensive and well worth it. I can't imagine leaders being too busy for this kind of work. No treaties or other business should be negotiated during a Lab. The goal is simply to connect as loving human beings to each other. Of course facilitators would be needed to guide the process.

Imagine a loving community being formed among world leaders! No more war? Maybe. At least it can be a goal. Far better than endless war preparation.

We even hosted 3 nomads this week: Aliki and Elias Serras, and Evelyn. She is setting up her tent in the background.





Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against People of Color. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about racial injustice.

*The following is an excerpt from an interview with the Rev angel Kyodo williams, a Black Zen priest. <https://angelkyodowilliams.com/>
The link to the full podcast is at the end.*

Aired for the 3rd time on the esteemed podcast, On Being, the prescience of the exchange is humbling in times of great uncertainty and shift. Listen to it again and again:

"This prophetic conversation, which Rev. angel Kyodo williams had with Krista in 2018, is an invitation to imagine and nourish the transformative potential of this moment — toward human wholeness."

She's an esteemed Zen priest and the second Black woman ever recognized as a teacher in the Japanese Zen lineage. To sink into conversation with her is to imagine and experience a transformative potential of this moment towards human wholeness. —Krista Tippett, On Being

ANGEL KYODO WILLIAMS: There is something dying in our society, in our culture, and there's something dying in us individually. And what is dying, I think, is the willingness to be in denial. And that is extraordinary. It's always been happening, and when it happens in enough of us, in a short enough period of time at the same time, then you have a tipping point, and the culture begins to shift. And then, what I feel like people are at now is, "No, no, bring it on. I have to face it — we have to face it."

MS. TIPPETT: I'm Krista Tippett, and this is *On Being*.

REV. WILLIAMS:...The way that I think of love most often these days is that love is space.

MS. TIPPETT: Say some more about that. What do you mean?

REV. WILLIAMS: It is developing our own capacity for spaciousness within ourselves to allow others to be as they are — that that is love. And that doesn't mean that we don't have hopes or wishes that things are changed or shifted, but that to come from a place of love is to be in acceptance of what is, even in the face of moving it towards something that is more whole, more just, more spacious for all of us. It's bigness. It's an allowance. It's flexible.

REV. WILLIAMS: ... if any of us were willing to be just a little bit sane [laughs] and look, we would recognize, "Oh, my goodness. How extraordinary that black people, in particular — indigenous people, as well — could live the lives of dignity that they have chosen for themselves in the face of the

onslaught of what this country's history has been and continues to be and continues to put upon them." So grace, I think, is a gift that Black peoples have inhabited for a great deal of time. Fearlessness, though —

MS. TIPPETT: It's such a wonderful word to call out too, as you say.

REV. WILLIAMS: Yeah, but fearlessness is a really bold statement because we are expected to not be fearless. And in fact, our fearlessness is dangerous and threatening. And so having people of African descent, people that identify as Black, to choose fearlessness is a very, very [laughs] bold statement of defiance.

Listen to the full re-aired interview here: <https://onbeing.org/programs/angel-kyodo-williams-the-world-is-our-field-of-practice/>



Updated through June 2021

Programs and Events of the Goodenough Community

Because of our unpredictable times, dates and descriptions shown represent our plans for now.

Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website:

www.goodenough.org



The Goodenough Community's governing body, the General Circle, meets twice monthly, 7:00 PM, via Zoom.

For additional information, contact [Elizabeth Jarrett-Jefferson](#)



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact [Hollis Ryan](#).



The Third Age - Those age 60 and older have been gathering monthly, Friday evenings. 7:00 PM. With the pandemic, meetings are virtual. Contact [Kirsten Rohde](#) for more information



The Men's Program - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from our own lives, other men's work, advocates, and the founders of this circle.

Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices we choose for a spirit-filled life, gaining wisdom from the world's faith & wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate



Sundays from 7pm to 9pm. Contact Colette: hoff@goodenough.org for Zoom information. *Note the next Pathwork will be July 11.

True Holidays Celebration, Saturday, December 4, 2021

We are planning our 2021 event! Hold this date on your calendar. We traditionally hold this event on Mercer Island. Stay tuned for details.



Human Relations Laboratory, August 8 to 14, 2021

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 52 years! Contact: Colette Hoff, hoff@goodenough.org



Work and Play Parties throughout the Year. Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions during these times of the Pandemic.



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual wellbeing, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) if you find you need to talk out your feelings regarding the pandemic crisis.